



## MINUTES OF THE SENIOR CITIZEN ADVISORY COMMITTEE

Monday, April 12, 2021, 1:30 p.m.

Meeting to be conducted virtually via Microsoft Teams

### **Mission Statement**

Our Mission is the help identify a continuum of services for seniors (55 and older) to enhance their quality of life and to act in an advisory capacity to the Paso Robles City Council in all matters related to their physical, emotional and economic well-being. We endeavor to encourage seniors to participate in all aspects of community life to the best of their abilities, recognizing cultural diversity, being responsive and respectful, and promoting the dignity and well-being of the individual.

Our Role is to serve in an advisory capacity to the Mayor and the City Council for the purpose of providing information on all issues of importance to senior citizens in our community. Members advocate for senior citizens in our community and serve as an information source on senior and aging topics.

*In compliance with the State and County Shelter at Home Orders, and as allowed by the Governor's Executive Order N-29-20, which allows for a deviation of teleconference rules required by the Ralph M. Brown Act, Senior Citizen Advisory Committee meetings will be held by teleconference only until further notice.*

Rather than attending in person, residents have 3 options.

1. Attend the meeting virtually – register prior to the meeting (before 12:00 pm on the day of meeting) by sending your email address to [SCACMeeting@prcity.com](mailto:SCACMeeting@prcity.com)
2. Attend the meeting by conference call – register prior to the meeting (before 12:00 pm on the day of meeting) by calling 805-237-3870 and leaving your phone number
3. Submit public comment by email – send an email to [SCACMeeting@prcity.com](mailto:SCACMeeting@prcity.com). All public comments should include the authors name and address. Written public comments should be submitted via email prior to 5:00PM the day before the meeting to be sure the board has time to review. If submitting written comments in advance of the meeting, please note the agenda item by number or name.

**CALL TO ORDER** (*Chair Mara Whitten*) 1:32 p.m.

### **ROLL CALL** (*Plescia*)

**Members Present:** Ruth Grzybicki, Mara Whitten, Diane Cassidy, Paul Nevosh

**Absent:** Eileen Brown, Becky Hallett

**City Staff Present:** Lynda Plescia, Wyatt Lund

**City Council Present:** None

**SVS Present:** Micki Wright, Alexis Okumura

### **PUBLIC COMMENT** (*Whitten*)

### **CONSENT AGENDA** (*Whitten*)

Items on the Consent Agenda are considered routine, and, therefore do not require separate discussion. However, if discussion is necessary, or if a member of the public wishes to comment

on any item, the item may be removed from the Consent Agenda and considered separately. Questions of clarification may be made by the Advisory members without removal from the Agenda.

**1. Approve Minutes of the March 8, 2021 Meeting** (*Whitten*)

Moved and seconded by Nevosh/Cassidy to approve the minutes of the March 8, 2021 meeting – passed unanimously.

**2. Senior Endowment Reports** (*Whitten*)

March 2021 Senior Endowment Reports  
**RECEIVE AND FILE**

**3. Council Meeting Highlights** (*Whitten*)

March 2 and 16, 2021 Council Meeting Highlights  
**RECEIVE AND FILE**

**BUSINESS ITEMS**

**SLO VILLAGE PRESENTATION**

- Meredith Bates, SLO Village Board Member

**ADVOCACY & GOALS REPORTS** (*Whitten*)

**REOPENING INFORMATION** (*Plescia*)

- Reopening Status of Recreation Services

**CITY COMMUNICATION REPORT**

- Lynda Plescia, Recreation Services Manager

**COUNCILMEMBER REPORT**

- None

**SENIOR VOLUNTEER SERVICES REPORT**

- Alexis Okumura
- Micki Wright

**COMMISSIONER COMMENTS**

**ATTACHMENTS**

1. SCAC March 8, 2021 Minutes
2. March 2021 Senior Endowment Report
3. March 2 and 16, 2021 Council Meeting Highlights

**ADJOURNMENT:**

Motioned by Nevosh, seconded by Cassidy, and passed unanimously by voice vote to adjourn the March 8, 2021 regular Senior Citizen Advisory Committee meeting at 2:30 p.m.

Next Regular Senior Citizen Advisory meeting - 1:30 p.m. on Monday, April 12, 2021.

**THESE MINUTES WERE APPROVED BY THE SENIOR CITIZEN ADVISORY COMMITTEE AT THEIR MAY 10, 2021 MEETING.**



Wyatt Lund, Administrative Assistant II  
Approved: May 11, 2021

Next Regular Senior Citizen Advisory meeting - 1:30 p.m. on Monday, May 10, 2021

Any writing or document pertaining to an open session item on this agenda, which is distributed to a majority of the Committee after the posting of this agenda, will be available for public inspection at the time the subject writing or document is distributed. The writing or document will be available for public review at City Hall bulletin board and posted on the City's web site at <http://www.prcity.com/government/agenda-dir.asp>. All persons desiring to speak on an agenda item are asked to fill out Speaker Information Cards and place them at the staff table prior to public discussion of that item. Each individual speaker will be limited to a presentation total of three (3) minutes per item. **AMERICANS WITH DISABILITIES ACT.** Any individual, who because of a disability needs special assistance to attend or participate in this meeting, may request assistance by contacting the City Clerk's office (805) 237-3960. Whenever possible, requests should be made four (4) working days in advance of the meeting.

### **Senior Citizen Advisory Committee 2020-2021 Goals**

1. Advise City Council on projects and initiatives that could impact the infrastructure of our community and the experience of senior citizens in Paso Robles.
2. Promote Senior Citizen Activities
  - Collaborate with other senior service agencies to identify opportunities for new offerings
3. Promote Volunteerism
  - Review and recommend volunteer opportunities and agencies supported by Senior Volunteer Services
4. Advocate Healthy Practices for Senior Citizens
  - Assess existing resources dedicated to senior citizens and identify unmet needs.
  - Research opportunities for funding outdoor fitness courts designed to meet the needs of senior citizens.
5. Encourage Awareness and Support of the Senior Endowment Fund
  - Ensure information is visible on the City website and published in the Senior Center Newsletter.